

# CCGA (NL) Inc.

2021 Newsletter

# Waterlines

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### HOW TO REACH US:

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The 43rd Annual General Meeting of the Canadian Coast Guard Auxiliary (Newfoundland and Labrador) Inc. was held in November of 2021 at the Delta Hotel in St. John's. The Annual Fall Training Seminar was unfortunately unable to go ahead again in 2021 due to COVID-19 restrictions. We are hopeful that training seminars will resume in the fall of 2022, however we are committed to upholding all public health guidelines as the safety of our members is of highest priority.

We were fortunate in that we were able to participate in the 2021 Fish and Workboat Show in conjunction with the AGM. We have also carried out several smaller trainings as protocols allowed, and of course, members continued to respond when called upon to assist in Search and Rescue missions.

Thank you to all members for your continued involvement and support. Please, stay safe.



# GREETINGS FROM THE PRESIDENT

Greetings to all Auxiliarists,

I would like to begin by thanking you all for your continued service and dedication. Without you, the Auxiliary would not be as effective as it is. We are currently over 760 members strong with over 340 vessels in service. I would like to remind you of the importance of completing your annual renewal form every year and returning it to the office. If there are any changes to your personal information, contact information or vessel information it is also important that our office is notified immediately. Having the correct information about available vessels and members to provide to MRSC/JRCC can make all the difference in dire situations.



As you know, Covid-19 has continued to impact our lives and activities throughout 2021. We were again unable to hold our annual fall and winter training seminars but are hopeful we can proceed in the upcoming year. We were able to hold some smaller trainings and members continued to avail of first aid training. We were also able to participate in some on-water trainings with our partners at Coast Guard and 103 Squadron Gander. Our AGM was held just prior to the 2021 Fish and Workboat Show allowing Directors to attend this event and speak with some current members and meet prospective members.

In 2021, members logged over 2400 man hours on 45 vessels responding to calls related to everything from engine breakdowns to missing vessels. Most incidents were resolved successfully, unfortunately not all were. All incidents at sea are stressful and we encourage you to seek out the support of the Canadian Coast Guard CISM program if you would like someone to talk to.

We have lost a few members over the past year; we send our deepest condolences to their family and friends, and we thank them for their service over the years.

Throughout these times, please continue to take care of yourselves and stay safe.

Fair winds and following seas to all.

Aidan Penton  
President

## 43rd ANNUAL GENERAL MEETING

The 43rd Annual General Meeting of the Canadian Coast Guard Auxiliary (NL) Inc. was held on November 18, 2021 at The Delta Hotel in St. John's, NL.

### The Canadian Coast Guard Auxiliary was represented by:

Aidan Penton	President, Director District 9
Marcel O'Brien	1st Vice-President, Director District 1
Ross Petten	2nd Vice-President, Director District 8
James Chidley	Secretary/Treasurer, Director District 7
Winston Pitcher	Past President, Director District 5
Ron Pittman	Director District 2
Howard Noel	Director District 3 (Retired)
Julia Crocker	Director District 3
Wesley Snook	Director District 4
Rom Dalton	Director District 6
Eugene Gray	Director District 10
Kelly Doody	CCGA Regional Operations/Business Manager
Karen O'Brien	CCGA Regional Accounting Clerk

### The Canadian Coast Guard was represented by:

Neil Peet  
Deputy Superintendent, Maritime SAR  
CCG (Atlantic) Region (Retired)

Christa-Lee Cole  
Deputy Superintendent, Maritime SAR  
CCG (Atlantic) Region



# GREETINGS FROM MARITIME SEARCH AND RESCUE CCG - ATLANTIC REGION

Greetings All

It is my pleasure to represent the Canadian Coast Guard and to be a part of this incredible agency, the Canadian Coast Guard Auxiliary. I know there are many of you that I have never met, so first off let me introduce myself. My name is Christa-Lee Cole, Deputy Superintendent Maritime SAR, Atlantic Region. Most of you will know me as "the New Neil Peet". I know I have big shoes to fill, and I will do my absolute best to continue the relationship that Mr. Peet has helped to build.

While I have recently stepped into this role, I do come from a seafaring background, having worked on commercial vessels for 10+ years prior to joining the CCG, and I understand the risks associated with working on the water. Upon first joining CCG, I was a Maritime SAR coordinator at MRSC St. John's, where I worked for 4 years. Because of my previous experience, I recognize the importance of volunteers and everything that each of you contribute to keep each other safe.

On behalf of CCG Search and Rescue, I would like to take a moment to recognize selflessness of each of our volunteers. Each and every day CCGA Members answer the call to assist fellow mariners during their time of need. Although it may not be said often, your efforts do not go unnoticed. Bravo Zulu.

I look forward to working with you all over the coming months, and years. And once again, thank you for your dedication.

Christa-Lee Cole

Deputy Superintendent Maritime SAR  
Canadian Coast Guard – Atlantic Region



## AUTHORIZED ACTIVITY



Members and member vessels are only covered by CCGA Insurance and eligible for reimbursement while on an **Authorized Activity**. In order for a Search and Rescue tasking to be considered an **Authorized Activity**, you must have been tasked through the Maritime Rescue Sub Centre (MRSC) in St. John's or Joint Rescue Coordination Centre (JRCC) in Halifax. You will be provided with an **Incident Number** which is **required** for reimbursement and proof of coverage, should the need arise. **Claims without an Incident Number will not be reimbursed.**

***You must notify the  
Marine Rescue Sub Centre at  
1-800-563-2444 or 709-772-5151  
before you proceed to a vessel requiring assistance and upon returning to port.***



 **MARITIME DISTRESS  
DÉTRESSE MARITIME**

**1-800-563-2444**  
(Toll Free - Sans Frais)

**1-709-772-5151**

MARITIME SEARCH AND RESCUE SUB CENTRE, ST. JOHN'S  
CENTRE SECONDAIRE DE SAUVETAGE MARITIME, ST. JOHN'S





# Did You Know?



## RENEWAL FORMS

Renewal forms are sent out to every member each January. ***It is extremely important that these forms are completed in their entirety and returned to the office by March 31 of each year.*** These forms are used to maintain membership, to update our database, and to keep MRSC up to date on members and vessels available for tasking. In the event of an incident requiring assistance, fellow mariner's lives may depend on having accurate information. Please ensure your returned form has accurate information. Non-compliance will result in a member's removal from the Auxiliary. ***Do not hold off sending in a renewal if you are waiting on an updated CSI. Send the renewal by the due date and forward the CSI as soon as you receive it!***

## AUXILIARY VESSELS

An auxiliary vessel **MUST** be under the command of a member of the Canadian Coast Guard Auxiliary (i.e., owner or alternate skipper) before accepting a tasking from the Marine Rescue Sub Centre. It is imperative that the MRSC be informed if no qualified Auxiliarist is onboard the vessel at the time of a request for tasking.

Upon acceptance of a vessel into the CCGA, the owner/operator designates an alternate skipper. This skipper is deemed to have the proper qualifications to operate the vessel, in accordance with the rules and regulations set by Transport Canada. If a qualified Canadian Coast Guard Auxiliary skipper is not onboard a vessel at the time of an incident, the tasking must be refused.

If a vessel accepts a tasking without a qualified Auxiliary member onboard, the vessel will not be reimbursed for the incident. More importantly, there will be no insurance coverage if damages were to occur during the execution of the incident.

## INSURANCE CLAIMS

It is the responsibility of the CCGA owner-operator to report to your regional Coast Guard Auxiliary Representative any damage or suspected damage incurred to your vessel immediately following the conclusion of a Search and Rescue incident.

In addition, if damage occurs during a SAR case, every effort should be made to notify the Marine Rescue Sub Station at 1-800-563-2444 of the damage, especially if the safety of the CCGA vessel and its crew are jeopardized. MRSC must be notified so they can monitor the progress of the CCGA vessel to ensure it reaches port safely.

The owner/operator must complete a *Collision, Wreck and Injury* form and submit it to the CCGA Office in St. John's. This form is available on our website at [ccga-nl.ca](http://ccga-nl.ca)

## CSIs

The CCGA (NL) Office in St. John's must have an up-to-date copy of your vessel's Canadian Steamship Inspection (CSI) certificate. All vessels that become delinquent in their CSIs are flagged in the Search and Rescue System and are considered unavailable for tasking.

If your vessel has been flagged and it partakes in an incident, you **will not be eligible** for compensation, and more importantly, your vessel will not be covered by insurance should it incur damages.

You will be notified that your vessel is not available for Search and Rescue. Upon receipt of this notification, please forward a copy of your current CSI or notify the office in St. John's of any delays so that your vessel is not removed from the SAR system permanently.

## INFORM THE OFFICE ASAP!

**Phone: 709-772-4428/800-563-6158**

**Fax: 709-772-4109**

**Email: [kelly.doody@ccga-nl.ca](mailto:kelly.doody@ccga-nl.ca)**

- ⇒ If you sell your vessel
- ⇒ Change your address or phone number, including cell/sat phone
- ⇒ Remove your vessel from the water
- ⇒ Increase the value of your vessel
- ⇒ Change alternate skippers
- ⇒ Update your CSI
- ⇒ Recertify your first aid
- ⇒ Operate in an area away from your home port



## DID YOU KNOW?

As mariners, we all know the importance of having proper safety supplies and equipment on board our vessels to assist with on board emergencies and search and rescue missions. Did you know, the CCGA(NL) has been providing members and member vessels with such equipment as funding allows? This past year we are pleased to have been able to provide 80 AEDs to larger vessels and over 170 PLBs to smaller vessels and purchased lifting strops/rescue slings for vessels. In addition to this we have provided all members with COVID-19 precautionary supplies such as face masks, gloves and hand sanitizer. In other years we have provided vessels with binoculars, heat ready emergency torso blankets and first aid kits as well as de-watering pumps, and purchased PFDs to be provided to members attending training seminars.

### PERSONAL LOCATOR BEACON REGISTRATION

#### **HAVE YOU REGISTERED YOUR PERSONAL LOCATOR BEACON (PLB)?**

Ensuring that your 406 MHz PLB, ELT or EPIRB is registered, as well as updating the information regularly, will facilitate the task for search and rescue personnel in the event of a distress situation.

If you have a registered emergency beacon, it is important that the information be accurate. Please update the information in the registry:

- if you change your address;
- if you want to update the emergency contact information;
- if your phone number changes, or;
- if any of the important information in the registry changes such as colour of your vessel.

Online access to the Canadian Beacon Registry is available to all 406 MHz emergency beacon owners to register new emergency beacons or to update their current information. You can add or update your emergency beacon information online, by faxing or emailing a completed registration form, or by speaking with a representative. Registering your beacon helps to eliminate false alarms, which divert search and rescue resources away from genuine emergencies.

#### **Register your PLB at the Canadian Beacon Registry.**

- Visit the Canadian Beacon Registry website: [www.cbr-rcb.ca](http://www.cbr-rcb.ca)
- Contact the Canadian Beacon Registry toll- free: 1-877-406-7671
- Or contact the Canadian Beacon Registry by email: [cbr@sarnet.dnd.ca](mailto:cbr@sarnet.dnd.ca)
- 

**Your PLB Registration Form is located inside the box with the User Instruction Manual.  
Your UNIT IDENTIFICATION NUMBER (UIN) is located on the outside of  
the box and also on the back of the PLB.**

***Please note: the Personal Locator Beacons issued by the CCGA(NL) do not float! Ensure that it is firmly attached to your personal flotation device at all times.***



# CCGA-NL BOARD OF DIRECTORS

## 2021/2022

Each year, as active members of the Canadian Coast Guard Auxiliary (NL), you are asked to vote for a Director to represent your District. For the 2021/2022 year, you elected the following:

District 1	Marcel O'Brien	927-5540	marcel.obrien@ccga-nl.ca
District 2	Ron Pittman	866-2505	ron.pittman@ccga-nl.ca
District 3	Julia Crocker	660-7385	julia.crocker@ccga-nl.ca
District 4	Wesley Snook	885-2422	wesley.snook@ccga-nl.ca
District 5	Winston Pitcher	728-6115	winston.pitcher@ccga-nl.ca
District 6	Rom Dalton	691-7284	rom.dalton@ccga-nl.ca
District 7	Jim Chidley	363-7502	james.chidley@ccga-nl.ca
District 8	Ross Petten	683-2341	ross.petten@ccga-nl.ca
District 9	Aidan Penton	682-2162	aidan.penton@ccga-nl.ca
District 10	Eugene Gray	532-5755	eugene.gray@ccga-nl.ca

Voting takes place each year in July/August. The list of candidates is derived from those members indicating on their renewal form that he/she wishes to put his/her name forward to be nominated as a candidate for Director. Voting is conducted by mail-in ballot. We are unable to provide a second voting form if the first one is lost or misplaced.

### First Aid Training



The Marine Personnel Regulations require at least one person on board each fishing vessel be designated to provide first aid. This person must hold a valid Marine Basic First Aid training certificate or a valid First Aid certificate from a two-day first aid course recognized by a province or a territory. The office arranges for First Aid training each winter and will contact those members in each District with expiring First Aid certificates to offer a seat at one of these courses. If you attend First Aid training outside of these sessions, please contact the office to update the expiry date for your First Aid. You may also qualify for reimbursement up to \$250 for First Aid training done through an authorized provider upon submission of the course receipt. The CCGA-NL has provided first aid training to over 140 members in the past year. Contact the CCGA-NL office for more information.



May the holes in your net be  
no bigger than your fish!

### INCIDENT ID NUMBERS

**All member vessels are to be in command of a member of the CCGA at all times during involvement in authorized activities. Failure to do so will result in non-payment of claims and no insurance coverage.**

An authorized activity for search and rescue incidents is deemed to exist when an auxiliary member has been requested to respond to an incident by a Maritime Rescue Sub-Centre (MRSC) or Joint Rescue Coordination Centre (JRCC). Having responded to a request, a Search and Rescue incident case number is assigned and the Auxiliary member's involvement becomes an **"Authorized Activity"**. Under ordinary circumstances an Auxiliarist will be tasked by the MRSC/JRCC. If, however, an Auxiliarist becomes aware of a situation which requires immediate action, the member should act accordingly but inform the MRSC by whatever means available, as soon as possible. **Failure to do so will result in this activity not being authorized.**

In all circumstances an Auxiliary member shall always keep MRSC/JRCC fully informed whenever an incident is responded to. MRSC/JRCC shall allocate a **Search and Rescue Incident number, or Case number** to each tasking. This case number will also be used as the **Incident Number** for reimbursement purposes, and as a **claim number** in the event that a claim for damages arises out of the authorized activity.

Whenever an Auxiliary vessel is involved in an authorized activity, the master will complete an Incident Report Form and, upon completion of the incident, will forward a copy to the CCGA(NL) office as soon as possible





# 2021 Happenings

While 2021 again saw events, activities and trainings scaled back or cancelled due to Covid-19, there were a few things of note that happened. At our 2021 AGM Howard Noel, Director of District 3 for over 25 years retired from his position and the CCGA(NL) elected its first female Director, Ms. Julia Crocker of Trout River. Our partners from CCG Search and Rescue also saw the retirement of two staff who worked very closely with the CCGA(NL) and while we are sorry to see them go, we wish them well! Mary Pye, Administrative Assistant, Maritime SAR retired in the summer of 2021 and Neil Peet, Deputy Superintendent, Maritime SAR, Atlantic Region, retired in December of 2021.

We were unable to hold our Fall or Winter Training Seminars however our Board of Directors Meeting and Annual General Meeting went ahead. The AGM was held in St. John's in November and long service awards were given to members in attendance at that time. Some smaller trainings were held and many first aid courses provided.

The CCGA(NL) also participated in the North Atlantic Fish and Workboat Show 2021. This took place in the days following the AGM which gave all Directors an opportunity to spend some time greeting current and prospective members and increase awareness of our organization, its mission and objectives and our life-saving activities.



Mr. Howard Noel receives a gift from CCGA President Aidan Penton (L) and a plaque from Neil Peet, Deputy Superintendent (Ret) Maritime SAR—Atlantic Region (R) on the occasion of his retirement as Director of District 3.



Neil Peet, Deputy Superintendent Maritime SAR-Atlantic Region is presented with a plaque by CCGA(NL) President Aidan Penton (L) and one from Assistant Commissioner CCG Atlantic Region, Gary Ivany on the occasion of his retirement. (R)



Mary Pye, Administrative Assistant, Maritime SAR and Kelly Doody, CCGA(NL) Business/Operations Manager pose at the CCG Base in St. John's (L). Mary displays a plaque presented to her by the CCGA (R)



First Aid training takes place in Labrador with First Aid instructor Jim Chidley.



Winston Pitcher Sr. receives his 35 Year Service Award, Aidan Penton receives his 30 Year Service Award, Ron Pittman receives his 30 year service award, Evelyn Chidley receives her 10 Year Service Award at the AGM in November.



# Canadian Coast Guard Critical Incident Stress Management

The Canadian Coast Guard Wellness Team would like to make you aware of a service available across Canada to all Auxiliary members of the Coast Guard.

Launched in 2020, the Critical Incident Stress Management Initiative (CISM) is a program to assist in managing stressful and traumatic incidents.



When tasked by the Maritime Rescue Sub-Centre or Joint Rescue Coordination Center, Auxiliary members can be faced with very difficult challenges and often deal with stressful and tragic events. Dealing with critical incident such as involvement in disasters, body recoveries, experiencing serious threats and/ or physical violence and incidents resulting in extensive media coverage can have a profound impact on those involved, affecting their ability to cope and perform their normal daily routines.

Your willingness to assume the risk and brave these challenges are what makes you and the work you do so important. Coping with challenging situations, such as those you may have encountered, is different for every individual and we can become vulnerable to the physical and mental strain of performing this service. Taking the time and caring for yourself mentally is as equally important as addressing any physical injury. Investing in your physical and mental wellbeing ensures that you are always at the top of your game.

CISM is available to assist you. Throughout the Atlantic region, approximately 30 employees of both DFO and CCG have volunteered to support their colleagues, friends and peers to provide support, education and resources. They have taken extensive training and are supported by mental health professionals. The most common service provided by our peers is a brief encounter with you and your colleagues to provide information, support and resources to help you process what you have experienced. Peers can meet with members in person or virtually. Interactions with CISM peers is voluntary and confidential.

This approach is frequently used in many first responder and health care services, including police, fire fighters, paramedics, etc.

Should you be involved in a critical incident when tasked by the JRCC/MRSC, contact the Regional Operations Center at [1-709-772-6220](tel:1-709-772-6220) to request CISM services. A Peer team member will get in touch with you. The CISM initiative can provide the following:

- stress awareness sessions
- small group support (defusing) for individuals or work teams following a critical incident
- group debriefings with individual teams involving a mental health professional
- follow-up contact and if needed, recommendations to mental health or private service providers for further assistance
- demobilization during the course of an ongoing, major response to critical incident

If you have any questions, or comments about this initiative, please contact the CCG Atlantic Wellness team,

Scott Currie [scott.currie@dfo-mp.gc.ca](mailto:scott.currie@dfo-mp.gc.ca),

or Laura Russell [laura.russell@dfo-mpo.gc.ca](mailto:laura.russell@dfo-mpo.gc.ca)

*“Remember everyone reacts differently and how you react is a normal response to an abnormal event”*

#### Common reactions:

- Sleep disruption
- Nausea
- Confusion and disorientation
- Poor concentration and decision making
- Flashbacks
- Sense of loss or grief
- Emotional numbness
- Anger and resentment
- Increased heart rate and blood pressure
- Nervousness/Shaking/Tremors





# Greetings From 103 Search And Rescue Squadron, Gander

103 Search and Rescue Squadron and the Canadian Coast Guard Auxiliary.

103 Search and Rescue Squadron and the Canadian Coast Guard Auxiliary have a long tradition of working together for training and operations. The immense experience of the CCGA crews and types of vessels available insures some of the most realistic and challenging training available that prepares our members for operational maritime sorties.



In 2012 I completed my initial training to become a CH149 Cormorant Flight Engineer with 413 Transport and Rescue Squadron based out of CFB Greenwood, NS. While there I worked with a variety of small and large fishing vessels, both operationally and for training. Of course, being new to the job I was amazed at what could be accomplished when CCGA vessels and RCAF crews practiced and worked together on a regular basis. After becoming qualified in the summer of 2012 I was immediately posted to 103 SAR Sqn, Gander, and soon realized that my understanding of ship hoisting was only beginning. This was further reinforced during my first Maritime Extraction Exercise (Boat Camp) that is held annually and takes place just outside the harbour in St. John's.

The sea conditions and kinds of vessels available year round for training definitely keeps us on our toes. Pilots and Flight Engineers are required to conduct precise hoist sequences with split second timing to safely insert Search and Rescue Technicians onto a heaving boat deck where they are often surrounded by rigging, stabilizers and fishing equipment. The outstanding ability of CCGA crews to keep their ships relatively stable in all manner of seas is often what makes the difference between a challenging or relatively benign hoist for their RCAF partners.

Without the support of the CCGA our ship hoisting proficiency would definitely drop off and make our overall jobs more difficult. We all would like to thank its members for their ongoing support and dedication. The CCGA is a definite asset to the Canadian SAR system and RCAF community.

WO Dave Galant  
103 SAR Sqn  
Flight Engineer Lead  
Gander, NL



## CONTINUED PROFICIENCY ENDORSEMENT

Every applicant for a continued proficiency must:

- (a) Hold a valid medical certificate (not required for Class 4)
- (b) Fulfill the service requirements of 12 months within a 5 year period, or 90 days within the last year, of service onboard a ship as either master or mate in charge of the watch.
- (c) Have completed a marine emergency duties (MED) course A1

For members holding Fishing Masters or Mates

certificates, this means five years from the date of issue on your certificate or 90 days in the last year. For example, if the date of issue is 2017, by 2022 you must show a valid seafarers medical (not required for Class 4) and qualifying sea time. The sheets for writing up your sea time can be obtained at your nearest Transport Canada Marine Safety office or online at [tc.canada.ca](http://tc.canada.ca).

Corner Brook	637-4390
Lewisporte	535-2503
St. John's	772-5167



# SERVICE AWARDS - 2021

## 40 Year Member

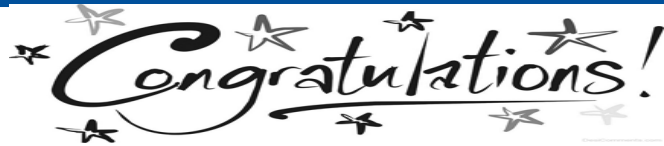
Philip Dohey District 6

## 35 Year Members

Winston Pitcher Sr. District 5  
 Donald Paul District 5  
 Albert Johnson District 8  
 Robert Gill District 9  
 Ronald Rideout District 10

## 25 Year Members

Irving Powell	District 1	Paul Rodgers	District 8
Llewellyn Burt	District 1	Ambrose Harnett	District 9
Jerry Ryland	District 1	Victor Barrett	District 10
Dorman Caines	District 2	Dwayne Barrett	District 10
Ross Francis	District 4	Robert Randell	District 10
Paul Wells	District 5	Jeffery Heath	District 10



## 30 Year Members

Jerome Kearney	District 2	Bruce Layman	District 8	Aidan Penton	District 9
Ron Pittman	District 2	Jerry Best	District 9	Jerry Penton	District 9
David Croft	District 7	Glen Best	District 9	Billy Greenham	District 10
Ivan Petten	District 8	Austin Reid	District 9	Jack Greenham	District 10
Tony Oliver	District 8	Robert Harnett	District 9	Clyde Noble	District 10

## 20 Year Members

Eldred Burden	District 1	Simeon Forsey	District 5	Glen Hicks	District 9
Alex Turnbull	District 1	Ross Kenway	District 5	Wayne Hicks	District 9
Dino Dredge	District 2	Paul Hayden	District 7	Calvin Pickett	District 9
Muriel Crocker	District 3	Albert Newhook	District 8	David Pickett	District 9
Joseph Brake	District 3	Peter Hammond	District 8	Owen Pickett	District 9
Joseph Vater	District 3	Roger Hammond	District 8	Kevin Blackwood	District 9
Philip Poole	District 4	Glen Crane	District 8	Tony Ward	District 10
Stephen Poole	District 4	Wesley Stringer	District 8	Junior Fudge	District 10
Russell Cox	District 4	Carl Hopkins	District 8	Ivan Woodworth	District 10
Shawn Bowles	District 4	Curtis Pynn	District 8	Wade Russell	District 10
Harry Upshall	District 5	Jamie Goodyear	District 8	Danny Curtis	District 10
Charles Upshall	District 5	Eugene Goodyear	District 8	Keith Pittman	District 10

**Volunteers Saving Lives  
on the Water**



**Thank you to all of  
our volunteers**



## **Diesel Pumps**

In 2015, diesel pumps were distributed to some vessels in each District. If you have one of these pumps, please ensure proper maintenance by:

- **Making sure all water is drained from the pump and hoses before storage. Rust may occur on the frame and mount causing corrosion**
- **Check the housing box to ensure no standing water**
- **Test pump for proper working order at least twice a year**



These pumps have saved lives as well as vessels. Make sure your pump is working before an incident occurs...not during!



## **On-Water Training**

As part of our training program, the CCGA-NL assists the Department of National Defense with their training program by providing member vessels throughout the province to take part in on-water training with 103 Squadron from Gander as well as participating in training programs with the Coast Guard. Pictured to the left is a cormorant helicopter from 103 Gander performing a hoisting demo at a previous training seminar.

## **Identify as CCGA**



When communicating with the Joint Rescue Coordination Centre (JRCC) or the Maritime Rescue Sub Centre (MRSC) regarding maritime incidents or taskings, or any other matters, it is important to always **identify yourself as a Canadian Coast Guard Auxiliary Member.**



Pictured above: Mamka Responder, Conne River

## **Weather Lore**

- ☞ Hoar frost in autumn is a sign of south wind and rain.
- ☞ When goats come home from the hills, expect rain soon.
- ☞ Mackerel sky and mares tails make the sailor furl his sails.
- ☞ When cats are very playful they are said to “gale up the weather.”
- ☞ When clouds appear like towers, the Earth is refreshed by frequent showers.
- ☞ Rainbows in morning gives you fair warning.
- ☞ Ring around the moon foretells rain real soon.
- ☞ If a cow stands with its tail to the west, fair weather; if it grazes with its tail to the east, weather likely sour.
- ☞ Bats flying late in the evening indicates fair weather.
- ☞ When rabbits are fat in October and November, expect a long, cold winter.







April 22, 2022

Aidan Penton  
President  
Canadian Coast Guard Auxiliary – Newfoundland & Labrador  
[Aidan.penton@ccga-nl.ca](mailto:Aidan.penton@ccga-nl.ca)

To all volunteers of the Canadian Coast Guard Auxiliary:

As we prepare to celebrate National Volunteer Week, on behalf of the Canadian Coast Guard, I would like to recognize the large number of volunteers for your ongoing dedication and commitment to our shared search and rescue efforts, as we continue to navigate through some of the challenges that the COVID-19 pandemic has brought to us all.

The theme for this year's National Volunteer Week is *Volunteering is Empathy In Action*. From coast to coast to coast in formal and informal settings, volunteers create caring, collaborative, and compassionate communities. Empathy is a quality that can help us relate to others and build awareness around different experiences. Your efforts in providing support to the Coast Guard's search and rescue program is one I am proud to recognize. The value of one person honing the skills and training necessary to respond to marine incidents, builds the foundation that supports the power of our united many; and in so doing, ensures the safety of the lives of those within the communities you serve.

Congratulations on another year well done, and thank you!

Sincerely,

For Adelle Ferguson  
Director General, Response  
Canadian Coast Guard  
200 Kent Street  
Ottawa, ON, K1A 0E6  
Tel : 613-853-7865  
[CCG.DGResponseOffice-BureauInterventionDG.GCC@dfo-mpo.gc.ca](mailto:CCG.DGResponseOffice-BureauInterventionDG.GCC@dfo-mpo.gc.ca)

Canada 



# SERVICE AWARDS - 2021

## 15 Year Members

Charles Courtney	District 4	Roger Little	District 9
Michael Dalton	District 6	Lee Pond	District 9
Jason Gillingham	District 9	Craig Ward	District 10

## 10 Year Members

Chris Rose	District 2	Paul Warren	District 8
Jeremy Eddison	District 2	Craig Warren	District 8
Brian Taylor	District 2	Frazer Petten	District 8
Carl Hedderson	District 2	Christopher Snow	District 8
Glen Matthews	District 5	Donald Morgan	District 8
Paul Pitcher	District 5	Joyce Morgan	District 8
Evelyn Chidley	District 7	George Squires	District 9
Leroy Chidley	District 7	Corey White	District 9
Matthew Tobin	District 7	Tony Brown	District 9
Ian Petten	District 8	Dennis Payne	District 9
Craig Parsons	District 8	Brent Payne	District 9

## 5 Year Members

Gaden Dyson	District 1
John Mugford	District 1
Wade Earle	District 1
Tony Delaney	District 3
Leona Andrews	District 5
Mark Dalton	District 6
Michael Dobbin Jr.	District 6
Kenneth Ryan	District 7
Ronald Furlong	District 7
Cody Batten	District 8
Glenn Mercer	District 8
Bradley Doyle	District 8
Carolyn Crane	District 8
Kevin Petten	District 8
Lorraine Pickett	District 9
Darren Jerrett	District 9
Yvonne Ryan	District 9
Corey Noble	District 10

*Congratulations to all volunteers and heartfelt thanks!*

## As Their Boat Leaves The Shore

As their boat leaves the shore  
they're not sure what's out there anymore.

Could be a ship that's gone down  
we're hoping that no one will drown.

The men and women in this fleet  
don't be long to get on their feet.

They will go rain or shine,  
they will try to help you anytime.

With big waves out on the sea  
it could be a scary place to be.

Just put your trust in SAR,  
you may never know who they are.

They're often not all that far,  
they put their life on the line  
to save a life all the time.

I would like to say just once  
they are an amazing bunch.

I thank you for all you do  
we would be in a state without you.

- George Morris, District 1





**Canadian Coast Guard**   
@CoastGuardCAN

#DYK the Canadian Coast Guard Auxiliary is an entirely volunteer-run organization of people making a difference & saving lives on the water? We want to extend a special thanks to the CCG Auxiliary crew for the critical work they do. [ow.ly/b6BR30shVI4](https://ow.ly/b6BR30shVI4)  
#NationalVolunteerWeek



Below are some photos from the 2021 Boat Lighting in Port de Grave.



We are on Facebook!

We have a Facebook page for members, check it out for news, updates, forms, pictures and more! Search for:

**Canadian Coast Guard Auxiliary—NL Region**



## Phonetic and Morse Code Alphabets

Morse Code was used for 160 years to relay messages to and from mariners all over the world. While it has been retired in favour of satellite communications, amateur radio operators still use it. The purpose of the phonetic alphabet is to ensure that letters are clearly understood even when speech is distorted or hard to hear. Below is the NATO phonetic alphabet and the Morse code alphabet.

Symbol	Code Word	Morse Code
A	Alfa	• —
B	Bravo	— •••
C	Charlie	— • — •
D	Delta	— •••
E	Echo	••
F	Foxtrot	•• — •
G	Golf	— — •
H	Hotel	••••
I	India	••
J	Juliet	• — — —
K	Kilo	— • —
L	Lima	• — •••
M	Mike	— —
N	November	— •
O	Oscar	— — —
P	Papa	• — — •
Q	Quebec	— — • —
R	Romeo	• — •
S	Sierra	••••
T	Tango	—
U	Uniform	•• —
V	Victor	••• —
W	Whiskey	• — —
X	X-ray	— •• —
Y	Yankee	— • — —
Z	Zulu	— — ••

*Twenty years from now, you will be more disappointed by the things you didn't do than those you did. So throw off the bowlines. Sail away from safe harbor. Catch the wind in your sails. Explore. Dream. Discover.*

- Mark Twain





## First Aid Training Saved Lives at the AGM and Fish and Workboat Show in November

It was perhaps a case of being in the right place at the right time, but having the training and knowledge to perform life-saving measures was crucial.

During the Canadian Coast Guard Auxiliary (NL) Annual General Meeting in November, an attendee suffered a life-threatening cardiac event. Within seconds the Director for District 7, Jim Chidley, who is also a certified First Aid trainer with the Red Cross, and Neil Peet, Deputy Superintendent (Ret), Search and Rescue - Atlantic Region, both leapt into action. They very quickly assessed the situation, determining that the attendee was indeed experiencing cardiac distress. They began performing CPR and called for an ambulance. While one attendee called 911, another ran in search of an automated external defibrillator (AED). During those critical moments while waiting for the ambulance to arrive, Chidley and Peet continued performing CPR and continued assessments until paramedics arrived to transport the individual to hospital. Thanks to their quick actions, knowledge and training, the attendee survived the event and made it home to his family later that week.

Two days later, on Saturday, while manning the booth for the CCGA at the Fish and Workboat Show at Mile One Centre, Jim Chidley's training was again called into action when a show attendee collapsed in front of our booth, suffering a heart attack. With the assistance of a nurse who happened to be in attendance and the St. John Ambulance staff, Chidley again performed life-saving CPR until the ambulance arrived. Through a message of thanks shared on Facebook by the attendee, we learned that this individual also survived thanks to the quick actions of those around him who had the training to deal with just such a situation.

The CCGA(NL) commends Mr. Chidley and Mr. Peet and the others in attendance who assisted in both these situations. The difference they made to the lives of others that week is immeasurable.

For all in attendance witnessing these events, the importance of first aid training was evident. The CCGA(NL) continues to encourage all members to maintain a valid first aid certificate by offering free first aid training courses throughout the province each winter as needed. We also offer a reimbursement of up to \$250 for first aid training done through an authorized provider upon submission of the course receipt should you be unable to attend one of our offered sessions.

Participating in or witnessing events such as these where lives are hanging in the balance can be stressful and traumatic. Those in attendance at the AGM were offered the services of the Canadian Coast Guard CISM team to help counteract these effects. (see page 8 for more information on this program)



CCGA(NL) Booth at the 2021 North Atlantic Fish and Workboat Show. L-R Winston Pitcher District 5, Kelly Doody Business/Operations Manager, Julia Crocker District 3, Ron Pittman District 2, Karen O'Brien Accounting Clerk, Jim Chidley District 7.

*As COVID-19 continues to be a part of our lives, it is important to continue to take precautions to protect ourselves and those around us. Daily preventative actions can help to prevent the spread of COVID-19. these actions include:*

- *Stay informed, be prepared, and follow public health advice;*
- *Wash your hands frequently with warm water and soap for at least 20 seconds;*
- *Use an alcohol based hand sanitizer in the absence of soap and water;*
- *Refrain from touching your face;*
- *Practice proper cough and sneeze etiquette;*
- *Maintain physical distancing;*
- *Wear a non-medical mask or face covering when you are in public and unable to maintain physical distancing;*
- *Increase cleanliness and ventilation of public spaces and worksites; and,*
- *Stay home if you are sick and avoid contact with others.*



# 406 MHZ EPIRB

## Why Register a Beacon?

It is mandatory for all 406 MHz ELTs (Canadian Aviation Regulations 605.38) and EPIRBs (Ship Station (Radio) Technical Regulations, 1999) to be registered with the Canadian Beacon Registry. Ensuring that your 406 MHz PLB, ELT or EPIRB is registered, as well as updating the information regularly, will facilitate the task for search and rescue personnel in the event of a distress situation.

If you have a registered emergency beacon, it is important that the information be accurate. Please update the information in the registry:

- if you move
- if you want to update the emergency contact information
- if your phone number changes, or
- if any of the important information in the registry changes such as colour of vessel or aircraft

Online access to the Canadian Beacon Registry is available to all 406 MHz emergency beacon owners to register new emergency beacons or to update their current information. You can add or update your emergency beacon information online, by faxing or emailing a completed registration form, or by speaking with a representative:

**FOR BEACON REGISTRATION OR TRANSFER, PLEASE  
CONTACT THE CANADIAN BEACON REGISTRY AT 1-877-406-7671  
or Via email to [cbr@sarnet.dnd.ca](mailto:cbr@sarnet.dnd.ca) , or on the web @ [www.cbr-rcb.ca](http://www.cbr-rcb.ca)**

Registering your beacon helps to eliminate false alarms, which divert search and rescue resources away from genuine emergencies. ***In case of accidental activation, the Canadian Mission Control Centre must be advised by calling 1-800-211-8107.*** The Canadian Beacon Registry must be notified if there is a change of status for a registered emergency beacon. An emergency beacon that is stored away may still be activated and the Canadian Mission Control Centre may take action in response. It is the responsibility of emergency beacon owners to notify the Canadian Beacon Registry if there is a change in status. This includes an emergency beacon that is no longer in use, in storage, stolen, lost, broken, or decommissioned.

EPIRBs are devices intended to save lives by transmitting a signal to rescuers with the position of troubled boaters. When they are improperly disposed of, they can cost the Coast Guard valuable time and taxpayers thousands of dollars in resource costs.

The International Maritime Organization and the Coast Guard recommend that unwanted EPIRBs be disposed of by either removing the battery, or rendering the unit inoperable by demolishing it. The EPIRB should also be unregistered with the Canadian Beacon Registry when the unit has been disposed of or transferred to a new owner.

The Coast Guard treats every distress signal we receive as an actual cry for help, and improperly discarded EPIRBs activating in landfills, garages or the ocean on another vessel divert costly resources integral to providing safety to mariners, and time may be lost in tracking down the beacon. ***Please help us keep the Beacon Registry accurate and up to date.***

### Fisherman's Prayer

God grant that I may fish  
until my dying day,  
And when it comes to my last cast  
I humbly pray,  
When in God's landing net  
I'm peacefully asleep,  
That in his mercy I be judged  
as good enough to keep.



Cormorant helicopter from 103 Gander and the CCGS Pennant Bay Lifeboat stationed in St. Anthony



# FUN PAGE

## WORD SEARCH

E	P	I	R	B	E	S	B	A	L	L	A	S	T	T
A	K	S	L	O	O	P	D	M	N	O	D	P	A	M
W	I	F	I	B	K	O	A	I	L	M	H	L	O	D
E	G	D	F	O	E	R	L	Z	J	A	A	I	L	Y
A	L	R	E	W	D	T	T	Z	M	E	X	C	E	U
T	U	A	J	I	L	E	B	E	A	M	O	E	E	C
H	Z	F	A	S	T	E	R	N	I	C	J	Y	W	O
E	W	T	C	V	P	D	Z	D	U	X	T	O	A	D
R	H	W	K	S	R	I	G	G	I	N	G	U	R	S
S	A	R	E	P	V	O	Y	W	A	K	E	J	D	T
I	S	Q	T	I	D	E	C	C	R	N	H	U	T	F
B	E	R	G	Y	Q	H	M	E	S	G	B	Y	Z	A
Y	U	C	L	E	A	T	C	Y	B	E	L	A	Y	S
R	F	R	E	E	B	O	A	R	D	L	I	W	K	E
R	A	E	S	R	G	M	A	R	I	N	E	L	I	A

### WORD SEARCH LIST

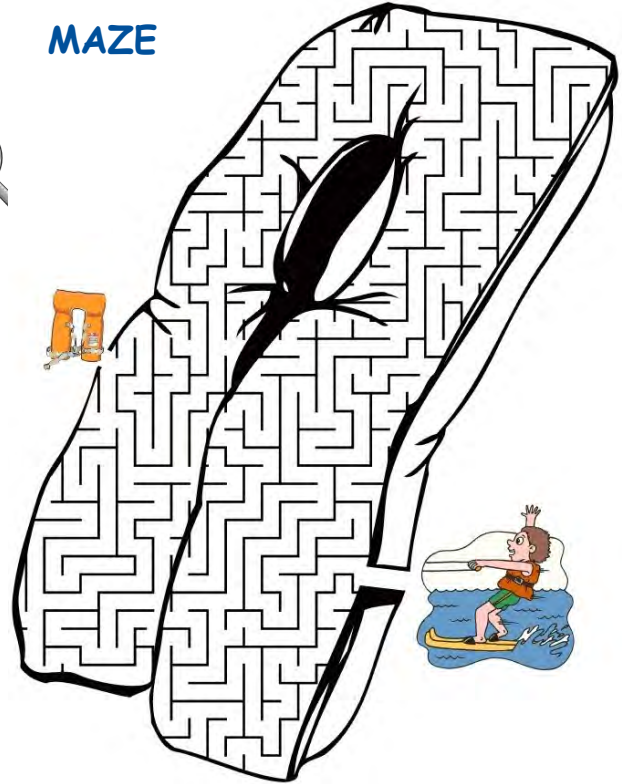
ASEA	DRAFT	RIGGING
ASTERN	EPIRB	SAR
BALLAST	FREEBOARD	SLOOP
BEAM	LEEWARD	SPLICE
BELAY	LIFE JACKET	TIDE
BERGY	MARINE	WAKE
CLEAT	MIZZEN	WEATHER
COD	PORT	YAWL

## SUDOKU

	1		4		7	2	
		5	6	3			
		2		8	7	3	
			3	7			
5		7		1			
6			8			1	
3		1	4	6		2	5
	2						4



## MAZE



## JUMBLE

Uncramble these words placing one letter in each square

S T O L A F

Y A W E T R

N E S T R

R E S H F I

Now rearrange the circled letters to form the surprise answer below





## SAR VOLUNTEER TAX CREDIT

In 2014, the Government of Canada introduced the *Search and Rescue Volunteers Amount Tax Credit*. Essentially what this means is that SAR Volunteers who perform in excess of 200 'Eligible Hours' in a calendar year are able to claim a \$3000 non-refundable tax credit on their personal tax return, which can reduce taxes payable by up to \$450. This credit is non-refundable and as such, members need to have taxable income and tax payable during the year to benefit from this credit.

Eligible hours include:

- Responding to, and being on call for, Search and Rescue and related emergency calls;
- Attending meetings held by the organization;
- Participating in required training related to Search and Rescue services

Canadian Coast Guard Auxiliary members with eligible hours are entitled to claim this tax credit. In order to do so, you will require a confirmation letter from the CCGA-NL office. ***These letters are not sent out automatically, rather they need to be requested, as the office does not have a log of your hours.*** To request your letter, please send your request, in writing, to the office via fax, mail or email stating the number of days or hours at sea for the tax year. You would obtain this information from your log book, however we do not need a copy of the log, rather just a summary of time spent at sea, as hours on the water are the hours you are deemed to be available for Search and Rescue. ***Please allow for a one week processing time when requesting your confirmation letter.***

For further information, you may contact the office at 709-772-4428 or 1-800-563-6158 or by email at [kelly.doody@ccga-nl.ca](mailto:kelly.doody@ccga-nl.ca). Requests can be sent via fax at 709-772-4109, by email to [kelly.doody@ccga-nl.ca](mailto:kelly.doody@ccga-nl.ca) or by mail to CCGA (NL) Inc., PO Box 938, St. John's, NL A1C 5M3. When requesting a Tax Credit Letter, please indicate how you wish to receive the letter and include your mailing address, fax number or email address as required.

### INSURANCE - AGE EXCLUSIONS

The current CCGA Insurance Policy includes two age exclusions. The first exclusion affects CCGA members aged 65 years or older. Under the insurance policy, CCGA members 65 years or older are not covered if they suffer a heart or circulatory malfunction during any authorized CCGA activity. The second exclusion is that CCGA members aged 70 years or older are not covered by the Permanent Total Disability Benefit if they should become permanently and totally disabled during any authorized CCGA activity.

***It is important to note that these two age exclusions are only for these two benefits and that all members, regardless of age, are insured by the other CCGA insurance coverages.***

In light of these exclusions, it is recommended that all CCGA members 65 or older consider whether they wish to continue participating in authorized Search and Rescue operations or other CCGA activities. As well, it is recommended that these members consult with their doctors to ensure that they are medically fit to participate in Search and Rescue operations and other CCGA activities. Age exclusion forms were sent out to all members 65 or over (in 2022) in February. Please complete entirely and return as soon as possible if you have not already done so. Thank you.

### HAVE YOU MODIFIED YOUR VESSEL?

You have the responsibility to ensure that equipment and structural modifications do not compromise the freeboard and stability of your vessel, or reduce the suitability of your vessel for the working and environmental conditions it may encounter.

Any modifications must be in compliance with safety standards and the Construction Standards for Small Vessels - TP1332.

Before making alterations to your vessel that may have an impact on vessel tonnage/safety, you should contact your local Transport Canada office. A safety inspector will help you determine whether the proposed modifications are consistent with the construction, equipment, and safety regulations for your vessel's intended area of service.

A Transport Canada inspector will review the suitability of your vessel for the proposed changes. Any changes in the area or type of operation that results in a change in voyage classification will necessitate a re-inspection.

**(Taken from TC's Small Commercial Vessel Safety Guide, TP-14070)**



## COLD WATER IMMERSION

Ending up in the water is a dangerous situation.

Add cold air and water temperatures, and the level of danger increases dramatically. Performing a quick rescue is the most important thing to remember when someone falls into cold water. Why? Because the body loses heat 25 to 30 times faster than it would if it were only exposed to air of the same temperature. This makes it extremely unlikely that they'll be able to assist with their own rescue.

Knowing what to do if you are immersed into cold water will dramatically increase your chance of survival. Sudden immersion in cold water will result in cold shock response, incapacitation, then eventually hypothermia and cardiac arrest.

### PHASES OF COLD WATER IMMERSION

Cold water immersion occurs when a person experiences sudden, unexpected immersion into water 15°F or below. If this happens you will experience the following phases.

#### INITIAL REACTION (COLD SHOCK):

This phase lasts for about one minute and causes a deep and sudden gasp of breath, hyperventilation and involuntary gasping. These actions cause a person to inhale water and drown. The person overboard must avoid panicking and concentrate on controlling their breathing. Wearing a life PFD will be critical to their survival.

#### COLD WATER INCAPACITATION (SWIMMING FAILURE):

This phase occurs in about 10 minutes. During this time, the person will lose the use of their fingers, arms and legs. Additionally, swim failure will occur within these critical minutes. If the person is not wearing a PFD and cannot be rescued, they will likely drown at this stage.

#### LONG-TERM IMMERSION (HYPOTHERMIA):

It can take up to an hour before the person will become unconscious from hypothermia. During this time, the body organs will cool and the body's internal temperature will drop. Following the phase of unconsciousness, if not rescued and treated immediately, the person overboard will likely die.

Always wear your PFD and secure it properly. If a PFD or life jacket is thrown to you once you're already in the water, your muscles may already be paralyzed from the cold. You'll likely be unable to secure the life jacket you're wearing, or to reach for a flotation device that is thrown to you.

Be Safe, wear your PFD.

**Safety First, Service Always.**

Glen Saunders  
Rescue Specialist Coordinator / S.A.R. Program Officer  
Canadian Coast Guard, Atlantic Region



### Reminder



CCGA(NL) Toll Free  
1-800-563-6158

CCGA(NL) Fax  
709-772-4109



MRSC St. John's  
1-800-563-2444

### Waterlines

We are always looking for new content! If you have news items, stories, accolades and/or photos that you would like published in the annual Waterlines newsletter, please send them to:

Editor - Waterlines  
c/o CCGA (NL) Inc  
PO Box 938  
St. John's, NL A1C 5M3  
Email: karen.obrien@ccga-nl.ca  
kelly.doody@ccga-nl.ca  
Fax: 709-772-4109



# Colouring Contest

Hey kids!

Are you ready for the CCGA (NL) Annual Colouring Contest? The contest is open to the children and grandchildren of Auxiliary members.

1st and 2nd prizes will be awarded in each of the following age groups and all participants will receive acknowledgement.

- ◆ Up to 4 years
- ◆ 5-6 years
- ◆ 7-8 years
- ◆ 9 years and up

All entries must be received at the CCGA (NL) office in St. John's no later than Friday, September 23, 2022.

Please send your entry to: Colouring Contest  
c/o CCGA (NL) Inc.  
P.O. Box 938  
St. John's, NL A1C 5M3



## 2021 Winners!

Ages up to 4

1st - Reid English  
2nd - Layla Fancey

Ages 7-8

1st - Maci Janes  
2nd - Owen Vey

Ages 5-6

1st - Sadie McEntegart  
2nd - Kobe Fowler

Ages 9 and up

1st - Nick Hardiman  
2nd - Emily Upshall

